DETERMINATION OF SEDIMENT PHOSPHATE SORPTION CHARACTERISTICS IN SHALLOW MOGAN LAKE, TURKEY

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Abstract. This study was conducted on sediment and overlying water samples from Mogan Lake, an important recreational area, in April, July and October 2015 and January 2016. The noteworthy data for this study were presented as follows: a) Sediment adsorption/desorption characteristics dependent on phosphate concentration, temperature and time were determined using models, and the relevant parameters were derived. b) Sediment equilibrium phosphate concentrations (EPC_0) and the critical dissolved phosphorus in the overlyingwater were estimated. Presentation of the research data is as follows: a) Phosphorous adsorption in the sediment samples was theoretically between 421 mgP kg⁻¹ and $1,001 \text{ mgP kg}^{-1}$, and phosphorus sorption efficiency was estimated at 0.21-1.92 L mg⁻¹. Based on the Langmuir Model, the mean maximum adsorption capacity obtained for the July samples was significantly higher than that obtained for October (p < 0.05). Moreover, regarding the very low degree of sediment phosphorus desorption (<1%), it can be concluded that sediment does not behave as a desorbant material for phosphorus. b) Considering the EPC₀ values $(5.5 \times 10^{-3} \text{ and } 46.6 \times 10^{-3} \text{ mg L}^{-1})$, when the overlying water SRP concentrations fall below 0.008 mg L⁻¹ in October and 0.046 mg L⁻¹ in July, there will be a risk of phosphorus flux from the sediment to the lake water. Considering the overlying water SRP values reported for Lake Mogan, monitoring them in the months of October and July will prove to be decisive in predicting the internal phosphorus load of the lake.

Keywords: adsorption, desorption, Freundlich model, Langmuir model, phosphorus, sediment

Introduction

Phosphate sorption (adsorbtion/desorbtion) between the sediment and the sediment porewater is one of the mechanisms controlling phosphate exchange between the sediment and the overlying water in aquatic ecosystems. In determining the sediment's role as either a trap or a source of phosphorus, sediment phosphate adsorption is recognized as one of the most important components of long-term phosphate retention mechanisms especially in shallow lakes (Wang and Li, 2010; Zhang et al., 2012). Long-term estimates of sediment phosphate adsorption are important in determining phosphate pollution and suitable restoration techniques in lakes. The measurement of the most recent phosphate concentration in lake water is not restricted to the lake's phosphate intake and the measures taken to reduce its phosphate level; it can also be determined using the phosphate sorption rate. Kinetic models of sediment phosphate adsorption are defined by Langmuir isotherm (a rational basis) and Freundlich isotherm (an empirical equation) these are generally used in determining the rate of the chemical reaction and the effective factors following the calculation of the equilibrium phosphate concentration (Huang et al., 2011). The above models are often excellent at describing

adsorption, which are simply numerical relationships used to curve-fit data. Langmuir and Freundlich equations, widely and well used to explain the K adsorption, took into account the quantity, intensity and capacity factors which are important for estimating the sediment nutrient amounts (Wang et al., 2017).

The equilibrium phosphate concentration (EPC_0) is the state of aquatic systems in which adsorption and desorption values between the sediment and the overlying water are equal. It is an important parameter used for determining internal phosphate loading potential following a reduction in external phosphate loading or for measuring the level of phosphorus release and/or retention (Palmer-Felgate et al., 2011; Zhijian et al., 2012). If the equilibrium phosphate concentration is greater than the SRP value of the overlying water, phosphate release from the sediment into the overlying water occurs (Wang and Li, 2010; Wang et al., 2012; Jin et al., 2013; Tang et al., 2014).

Lake Mogan is an important recreational area for metropolitan Ankara, Turkey. It is under environmentally protected status as the 'Golbasi Specially Protected Area' since the major source of phosphorus in the area is wastewater containing detergents and fertilizers applied in the surrounding agricultural areas. Lake Mogan is an important recreational area due to its proximity to the city of Ankara, and studies have been conducted on the interaction between eutrophication and sediment in the lake (Pulatsü et al., 2008; Topçu and Pulatsü, 2008; Pulatsü and Topçu, 2009).

This study, being the pioneer one regarding the determination of sediment phosphate sorption characteristics, was conducted in Lake Mogan in April, July, and October 2015 and January 2016 with the aims of: a) deriving parameters for the use of kinetic and thermodynamic models for adsorption/desorption features of sediment phosphates in terms of concentration, temperature and time, and b) estimating the critical total dissolved phosphate concentration for the overlying water by calculating the sediment's equilibrium phosphate concentration (EPC₀).

Materials and methods

Study area

Lake Mogan is located 20 km south of Ankara on the Ankara-Konya road. It is an alluvial lake fed in large part by rain and also by more than five large and small streams (Boşgelmez et al., 2005). Detailed locations of the sampling stations in Mogan Lake are shown in *Figure 1*. Because the eastern littoral area's lakebed is covered with stones, the two stations were placed near the lake's western shore, where the lakebed is more suitable for collecting sediment samples. The area surrounding the sampling stations is covered with rooted aquatic macrophytes and is under the effects of intense negative development and pollution from anthropogenic sources.

Sediment sampling and analyses

All sediment samples were collected from the surface sediment (0-20 cm) in April, July, October 2015 and January 2016 with Van Veen Grab. Prior to mixing and splitting the sediment samples, they were taken to the laboratory in sealed plastic bags, which were put in iceboxes. After that these samples were air-dried, homogenized by grinding, and finally passed through a 0.5 mm sieve. The overlying water was grained by siphoning from the water located 10 cm above the sediment sampling locations. The mean depth of the sampling stations vary between 2.20 and 2.80 m. The supernatants of

overlying water were filtered through Whatman GF/C filters and then analyzed for SRP as ascorbic acid method according to standard analytical procedures (APHA, 2005). Two samples were obtained from each station and dublicate sub-samples were used for every sample in all analyses.

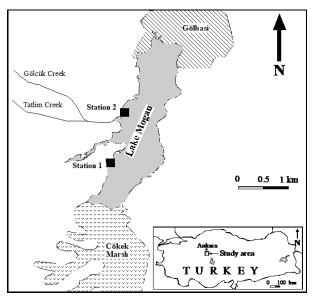


Figure1. Study site and sampling stations (■: Station 1: 39°46'07" N 32°47'03" E; Station 2: 39°45'33" N 32°47'05" E) in Mogan Lake

Adsorption procedures

Phosphorous adsorption studies were performed for various temperatures (277, 289, 295 and 300 K). The change of adsorption by phosphorous concentration was investigated for the range of 0.1-10 mg L^{-1} by considering previous investigations related to the seasonal change of phosphorous release in Mogan Lake by Pulatsu et al. (2008) at 277, 289, 295 and 300 K. 0.2 g fractions of sediment samples exemplified for July and October were added in screw-cap centrifuge tubes containing 20 mL of 0.1-10 mg L⁻¹ phosphorous equivalent KH₂PO₄ (Ca \approx 0.4-40 mg L⁻¹) solutions at studied temperatures. Two drops of 0.1% chloroform to inhibit bacterial activity. The samples were let to equilibrate for 24 h in temperature controlled water bath with gentle agitations. The solution and solid phases were separated by centrifugation at 4000 rpm for 15 min. Solutions were filtered and the phosphorous contents were determined by the APHA procedures (2005). This prescription was also applied for investigations enquiring the effect of time (kinetics) at 277 and 300 K and temperature (thermodynamics) at 289, 295 and 300 K on phosphorous adsorption at constant phosphorous concentration (2 mg L⁻¹). The solid and solution interaction was 24 h for the temperature effect whilst that was variable from 10 min to 36 h for the kinetics.

Calculation of phosphate desorption

The experimental processes of desorption measurement (change of desorption with concentration, thermodynamic, and kinetic), the 'desorbant (sediment)-phosphorus equilibrium solution' balance in the system, the 'phosphorus' concentrations were measured with spectrophotometric methods.

Data evaluation

The adsorbed amounts 'Q' (mg kg⁻¹) were calculated by *Equation 1* where 'C₀ and C_e' were phosphorous concentrations (mg L⁻¹), 'V' was solution volume (L), and 'm' was the mass of adsorbent (kg).

$$Q = \frac{(C_0 - C_e)xV}{m}$$
(Eq.1)

The concentration dependence of adsorption was evaluated with reference to the compatibility of experimental data (Q vs. C_e) to Langmuir, Freundlich and Sips models (*Eqs.* 2–4) in which X_L (mg kg⁻¹) and K_L (L mg⁻¹) were monolayer adsorption capacity and a constant energetically related to the adsorbate affinity to adsorbent. According to Langmuir model the active adsorptive centers were homogeneously distributed over the surface; the amount of adsorbate filling of these centers completely was X_L .

$$Q = \frac{X_L K_L C_e}{1 + K_L C_e}$$
(Eq.2)

Freundlich model was description of adsorption exponentially related to the surface heterogeneity ' $0 < \beta < 1$ ' where 'a' was Freunlich capacity constant associated with adsorption intensity.

$$Q = aC_e^{\beta} \tag{Eq.3}$$

'K_s' and 'a_s' were the model constants and ' β_s ' was known to be Sips exponent. This model explained that the isotherm was compatible to Freundlich model at low adsorbate concentrations, the compatibility shifted to Langmuir at high concentrations. The equation defines Langmuir model at $\beta_s = 1$ (Foo and Hameed, 2010; Baybaş and Ulusoy, 2011).

$$Q = \frac{K_s C_e^{\beta_s}}{1 + a_s C_e^{\beta_s}}$$
(Eq.4)

These models were commonly considered in obtaining adsorption characteristics of any sorbents and of sorption processes. The obtained parameters were used as references for comparison of e.g. adsorption dependence on sorbents and/or processes. According to Wang et al. (2012), Langmuir model should be further evaluated by taking into account of the contribution natively adsorbed exchangeable phosphorous (NAP) to adsorption process (*Eq. 5*, where C_e^0 denotes equilibrium concentration of exchangeable phosphorous i.e. the concentration in desorption equilibrium by fresh water). EPC₀ (zero phosphorous concentration) as the threshold concentration referring the release of phosphorous from the reservoir sediment back into the water when 'EPC₀ > Soluble Reactive Phosphorous (SRP)' can be foreseen after NAP by *Equation 6*.

$$NAP = \frac{X_{L}K_{L}C_{e}^{0}}{1 + K_{L}C_{e}^{0}} + C_{e}^{0}\frac{V}{m}$$
(Eq.5)

$$EPC_0 = \frac{NAP}{K_L(X_L - NAP)}$$
(Eq.6)

The adsorbed amounts calculated by *Equation 1* with reference to the phosphorous contents of solutions taken by time intervals were evaluated in view of the compatibility of adsorption to pseudo-first and -second order models (*Eqs.* 7 and 8) where ' Q_t ' (mg kg⁻¹) defines the adsorbed amounts at time 't (h)', ' Q_1 and Q_2 ' are the theoretical adsorptions obtained from the compatibilities. The adsorption rate constants are referred by 'k₁ (h⁻¹) and k₂ (mg⁻¹.kg h⁻¹)' for first and second order kinetics (Ho and McKay, 1999).

$$Q_t = Q_1 (1 - e^{-k_1 t})$$
 (Eq.7)

$$\frac{t}{Q_{t}} = \frac{1}{k_{2}Q_{2}^{2}} + \frac{t}{Q_{2}}$$
(Eq.8)

Time required reducing initial phosphorous concentration to its half i.e. the time passed reaching half of the maximum adsorption 't1/2 (h)' and the initial adsorption rate 'H (mg.kg⁻¹.st⁻¹)' are given by *Equations 9–12* for pseudo first and second-order kinetics models.

$$t_{1/2} = 0.693/k_1 \tag{Eq.9}$$

$$H_1 = k_1 Q_1 \tag{Eq.10}$$

$$t_{1/2} = 1/k_2 Q_2 \tag{Eq.11}$$

$$H_2 = k_2 Q_2^2$$
 (Eq. 12)

Adsorption activation energy, EA (J mol⁻¹) is calculated by Arrhenius equation (*Eq. 13*) rearranged for rate constants (k_{T1} and K_{T2}) obtained for two different temperatures where 'T' and 'R' are temperature in Kelvin scale (K) and ideal gas constant (8.314 J mol⁻¹ K⁻¹) respectively (Winzor and Jackson, 2006).

$$\ln\frac{k_{T2}}{k_{T1}} = -\frac{E_a}{R}(\frac{1}{T_2} - \frac{1}{T_1})$$
(Eq.13)

Further evaluation of the kinetics by Weber-Morris Model (*Eq. 14*; k_i is the rate constant for the model) provides information for the nature of adsorption, i.e., the process most effective on adsorption and its kinetics amongst mass transfer/diffusion, adsorption by surface precipitation or electrostatic attraction between adsorbent and adsorbate, and intrapartical diffusion could be proposed.

$$Q_t = k_i \sqrt{t} \tag{Eq.14}$$

Adsorption thermodynamics is evaluated by Gibbs-Helmotz and van t'Hoff equations (*Eqs. 15* and *16*) for which the values 'ln K_T ' (distribution coefficient

obtained from the ratio of the amount adsorbed to equilibrium concentration after the solid-solution interaction is ceased, $K_T = Q_T/C_T$) vs. '1/T' for the studied temperatures is firstly depicted to figure out the changes in adsorption entropy (ΔS , J mol⁻¹K⁻¹) from the intercept and enthalpy (ΔH , J mol⁻¹) and from the slope. Adsorption free energy (ΔG , J mol⁻¹) is then calculated.

$$\ln K_T = -\frac{\Delta H}{R} \frac{1}{T} + \frac{\Delta S}{R}$$
(Eq.15)

$$\Delta G = \Delta H - T \Delta S \tag{Eq.16}$$

Results

The experimental isotherms and adsorption parameters

Figures 2 and *3* show the compatibility of concentration dependence of phosphorous adsorption to Langmuir and Freundlich models. Sips models is not provided in the figures to avoid chaotic view. The parameters derived from the compatibilities to all three models considered are presented in *Table 1*.

Table 1. The adsorption parameters for various temperatures for adsorption of phosphorous on Lake Mogan sediment collected in July and October ($C_0 = 0.1-10 \text{ mg } L^{-1}$, m/V = 0.25g/20 mL)

	Langmuir			F	reundli	ch		Sip	Sips	
	$^{1}X_{L}$	$^{2}K_{L}$	\mathbf{R}^2	а	β	\mathbf{R}^2	Ks	as	βs	\mathbf{R}^2
July-277K	1001	0.47	0.975	300	0.65	0.972	431	0.37	0.92	0.975
July-289K	655	2.87	0.947	434	0.44	0.936	1109	1.35	0.76	0.952
July-295K	711	0.46	0.983	217	0.56	0.985	259	0.17	0.68	0.986
July-300K	907	0.21	0.954	167	0.66	0.971	85	-0.43	0.34	0.981
*Mean±SEM	819±81									
Oct-277K	421	1.92	0.955	229	0.4	0.942	488	0.88	0.7	0.967
Oct-289K	654	1.17	0.942	308	0.52	0.962	316	0.02	0.53	0.962
Oct-295K	513	1.71	0.941	262	0.47	0.95	380	0.35	0.6	0.952
Oct-300K	531	0.8	0.944	223	0.43	0.914	486	1.05	1.35	0.947
*Mean±SEM	530±48									

mg kg⁻¹

²L mg⁻¹ *Means are significantly different

Weating are significantly different

Although the results of compatibility of experimental isotherms to all adsorption models considered were significant with coefficient of variations of $R^2 \ge 0.936$ (p < 0.05) the best fits were obtained for the Sips (*Table 1*). This could be attributed to the theoretical considerations of the model which is combination of both Langmuir and Freundlich models. The mean of maximum adsorption values obtained for the defined temperatures for samples collected in July was $819 \pm 81 \text{ mg kg}^{-1}$ as it is significantly different (p < 0.05) from those collected in October (530 ± 48 mg kg^{-1}). This should be attributed to the heat activation of the sediment as depending on the weathering, i.e., the sediment of Mogan is subjected to heat a prolonged period of time in summer. In fact

the mean of temperatures reached were 25.25 ± 0.03 °C in July and 10.23 ± 0.05 °C in October. The significance of the adsorption mean values also imply that the studying of adsorption at changing temperatures is not much effect on adsorption capacities because of the interaction time of solution and sediment in batch experiments is not enough (24 h) to change temperature associated sediment feature. The experiments to recover the phosphorous adsorbed on the sediments samples by distilled water proved that the adsorption is not reversible so that the corresponding amounts with phosphorous concentrations in recovery solutions were <1% of the adsorbed quantities.

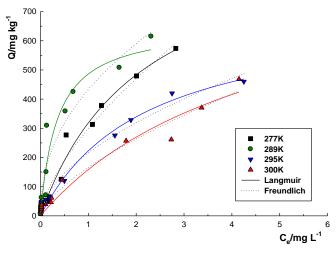


Figure 2. The experimental isotherms for various temperatures obtained for adsorption of phosphorous on sediments sampled in July and its compatibility to Langmuir and Freundlich models. [For each experimental data, Q is the adsorbed amount of phosphorous on to sediment sample calculated from the phosphorous concentrations at initial (C_0) and equilibrium (C_e) by using Equation 1, please see section "Data Evaluation" for details] ($C_0 = 0.1-10 \text{ mg L}^{-1}$, m/V = 0.25 g/20 mL)

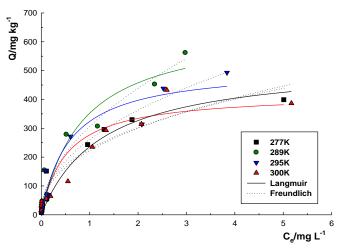


Figure 3. The experimental isotherms for various temperatures obtained for adsorption of phosphorous on sediments sampled in October and its compatibility to Langmuir and Freundlich models. [For each experimental data, Q is the adsorbed amount of phosphorous on to sediment sample calculated from the phosphorous concentrations at initial (C_0) and equilibrium (C_e) by using Equation 1, please see section "Data evaluation" for details] $(C_0 = 0.1-10 \text{ mg L}^{-1}, \text{ m/V} = 0.25 \text{ g/20 mL})$

Table 2 provides results relevant to NAP and EPC₀. The comparison of the magnitudes of NAP with that of X_L values predicated that contribution of NAP to adsorption process is not considerable for any of the studied conditions. The values of EPC₀ were in the range of 0.004-0.012 mg L⁻¹ for the sediments sampled in both seasons which is less than the values of SRP 0.018 ± 0.009 and 0.039 ± 0.003 mg L⁻¹ for July and October sediments respectively.

Table 2. NAP (natively adsorbed exchangeable phosphorous) and zero phosphorous concentration (EPC_0 ; the threshold concentration referring the release of phosphorous from the reservoir sediment back into the water) values for Lake Mogan sediment calculated by using Langmuir parameters (X_L and K_L) and the equilibrium concentrations (Ce^0) for various temperatures

	${}^{1}X_{L}$	${}^{2}K_{L}$	${}^{3}C_{e}^{0}x10^{3}$	¹ NAP	³ EPC ₀ x10 ³	⁴ (NAP/EPC ₀)
July-277K	1001	0.47	3.8	2.1	4.4	477
July-289K	655	2.87	3.8	7.4	4	1850
July-295K	513	1.71	4.2	1.9	5.8	328
July-300K	907	0.21	8.9	2.4	12.6	190
Oct-277K	421	1.92	3.7	3.2	4.0	800
Oct-289K	654	1.17	4.1	3.4	4.5	755
Oct-295K	711	0.46	4.6	4	4.6	870
Oct-300K	531	0.8	9.6	4.8	11.4	421

 $\frac{1}{2}$ mg kg⁻¹

 ${}^{2}L mg^{-1}$

 3 mg \widetilde{L}^{-1}

 ${}^{4}\text{L}\,\bar{\text{kg}}^{-1}$

Adsorption kinetics

Time dependence of phosphorous adsorption on sediment samples were investigated to evaluate the adsorption with reference to pseudo first and second order models of the kinetics for sediments sampled in July and October for two different temperatures. The compatibility of experimental data to the models from which the parameters were obtained are presented in *Figure 4*, and *Table 3*.

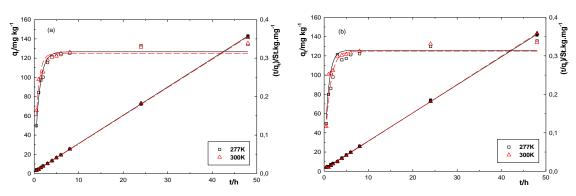


Figure 4. The compatibility of experimental data for July (a) and October samples (b) at 277 and 300 K to pseudo-first (i vs. qt) and second order (t vs. t/qt) kinetic models; 't' and 'qt' refer the time elapsed after the solid-solution contact as hour and adsorbed amounts calculated for time 't' as mol kg-1 (C0 = 2 mg L-1, m/V = 0.25g/20 mL)

	Pseudo first order							Pseudo second order			
	${}^{1}Q_{exp} (6-48)^{2}$		¹ Q ₁	³ k ₁	\mathbf{R}^2	${}^{4}t_{1/2}$	$^{1}Q_{2}$	${}^{5}k_{2}x10^{3} R^{2}$	⁴ t _{1/2}		
July-277K	124-134	127	0.95	0.962	$0.7(89)^{6}$	136	11.7	0.999	$0.6(216)^{6}$		
July-300K	125-136	125	1.3	0.894	0.5 (63)	137	12.9	0.999	0.6(242)		
Oct-277K	121-136	125	0.89	0.943	0.8(111)	137	9.00	0.999	$0.8(169)^6$		
Oct-300K	123-133	126	1.14	0.914	0.6 (76)	135	13.00	0.999	0.6(237)		

Table 3. Kinetic parameters derived from the compatibility of time dependence of phosphorous adsorption to pseudo first and second order models

¹mg kg⁻¹

²The adsorbed amounts experimentally determined 6 and 48 h after adsorbent–adsorbate contact ${}^{3}h^{-1}$

 ^{4}h

⁵mg⁻¹.kg.h⁻¹

⁶Initial adsorption rates as mg.kg⁻¹h⁻¹

As seen from the table that the phosphorous adsorption kinetics obeyed more significantly to second order model ($R^2 \ge 0.999$) than that to the first order model. This was also consistent with closeness of the values for Q_2 (the adsorbed amounts found from second order model) and Q_{exp} (the adsorbed amounts after experimental equilibrium). Adsorption rate constants proved that the increasing temperatures increase the adsorption rates k_2 (300 K)> k_2 (277 K), although this was not significant for P adsorption on the Mogan Sediments at the studied conditions. From the comparison of Q_{max} and Q_2 values, it was obvious that P adsorption completed in a few hours after adsorbent-adsorbate contact. In fact that the values of $t_{1/2}$ (time elapsed up to half of the completion of adsorption) showed that half lives were about 0.6-0.8 h with high initial adsorption rates ranging between 169 mg kg⁻¹ h⁻¹ and 242 mg kg⁻¹ h⁻¹. Similar trends were also seen from the parameters derived from first order model. The adsorption activation energy was calculated and evaluated under thermodynamics section because of energetically relevance of the subjects.

The adsorption kinetics of P was further evaluated with reference to Weber-Morris model to figure out the physicochemical nature of adsorption for which the graph of Q vs. $t^{0.5}$ was obtained by using all the data obtained from the adsorption kinetics to signify the figure's pattern which could be considered with two parts (*Fig. 5*). The profile of graph was typical for adsorption of species to an adsorbent with chemical feature; otherwise, the pattern is with a straight linearity passing through the origin for adsorptions with physical nature.

Adsorption thermodynamics

Temperature dependence of P adsorption on Lake Mogan sediments studied for 289, 295 and 300 K for both sediment samples of the July and October. The obtained data were evaluated with reference to Gibbs-Helmotz and van t'Hoff equations for which the linearity of 'ln K vs. 1/T' depiction was considered (*Fig. 6*). The values acquired from slop and intercept of the linear relation ($\mathbb{R}^2 \ge 0.974$) were used to calculate Gibbs free enthalpy of the adsorption. The results were exhibited in *Table 4*. Because of its energetical relevance, the activation energy of the adsorption derived from the kinetics studies was also represented in the table.

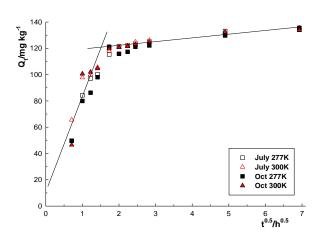


Figure 5. The compatibility of experimentally obtained data from the kinetics of P adsorption to Weber-Morris Model

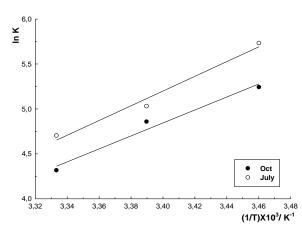


Figure 6. Compatibility of the temperature dependence of P adsorption to linearity ($C_0 = 10 \text{ mg}$ L^{-1} , m/V = 0.25 g/20 mL)

Table 4. Thermodynamic parameters for adsorption of P to sediment samples

	ΔH (kJ mol ⁻¹)	ΔS J mol ⁻¹ K ⁻¹	$\Delta G_{298K} (kJ mol^{-1})$	\mathbf{R}^2	$E_a (kJ mol^{-1})$
July	-68.1	-188	-12.1	0.979	2.9
Oct	-60	-164	-11.1	0.974	11

 Δ H, Δ S and Δ G are of the state functions and represent the energetically changing overall adsorption process which here refers to the changes in not only P adsorption alone but also in the contributions made by all other interactions in adsorption medium (such as P hydrolysis/hydration of P ions, water and sediment contents interaction, and many others) to the process. The results demonstrated that overall adsorption process was exothermic (Δ H < 0) with decreasing entropy (Δ S < 0), and spontaneous (Δ G < 0) under enthalpy influence (Δ H- Δ S <0). The energy released after adsorption is not big enough to form a covalent bonding (Δ H \approx 200 kJ mol⁻¹) but it is sufficient to identify the presence of highly strong interactions between P species and sediment surface via electrostatic attractions This should also further evidence for the occurrence of adsorption is via surface precipitation. Activation energy, the threshold to be overcome for the adsorption did not have considerable impact opposing to the adsorption at studied temperatures. However the value of Ea for July samples significantly lower than that for October samples because of the heat activation of the sediment during summer season as discussed above, as concordant with the results of ΔH found for the same seasonal sediments.

The phosphorus desorption for all the sediment samples under different temperature applications in both months were all calculated at less than 1%, these values were not taken into consideration.

Discussion

Langmuir and Freundlich's equations were used in order to estimate the phosphate adsorption in the sediment of Lake Mogan. The equilibrium phosphate concentration was determined using the mentioned kinetic models, and the rate of the chemical reaction during the adsorption process was measured. During the research, the effects of four different temperatures (277 K, 289 K, 295 K, 300 K) reflecting the natural conditions of phosphate sorption in the sediment of Lake Mogan were taken into account, and thus, measurements were taken during the months of October and July.

As reported by Huang et al. (2011), since shallow lakes are often isothermal, their sediments are sensitive to temperature changes, and the initial rates of sediment phosphorus adsorption are in direct proportion to the temperature. The constant values for the phosphorus adsorption rate in Lake Mogan for October and July were estimated at between 169-277 mg kg⁻¹ h⁻¹ and 216-242 mg kg⁻¹ h⁻¹ at temperatures of (k) 277 K and 300 K, respectively. The fact that these values for the lake sediment increased in direct proportion to the increase in temperature was in accordance with the above-mentioned research findings.

According to Wang et al. (2009) in a study on Three-Gorges Reservoir (China), the phosphate adsorption rate from the sediment reached its peak within six hours, and the maximum phosphate adsorption amount was 0.15-0.402 mgP g⁻¹. The kinetic characteristic of P-sorption in sediment is described by the Elovich model in sediment of Dongting Lake (Zhu and Yang, 2018). The rapid stage of P adsorption occurs within 60 min, and then, slow P sorption appears between 60 and 240 min. The P-sorption amount of sediment changes smaller after 240 min. The phosphate adsorption rate in Lake Mogan was at 90% within six hours that takes longer than Zhu and Yang (2018) and the maximum phosphate adsorption amount was estimated at 421-1001 mgP kg⁻¹. While the phosphate adsorption rate in this study resembles that reported in Wang et al. (2009), the extremely high maximum phosphate adsorption amounts in the Three-Gorges Reservoir were found to be lower (137.79-1975.50 mg kg⁻¹) in another study undertaken in the same reservoir by Zhang et al. (2012). In that study, the phosphate sorption activity in the sediment was determined to be 47.341-230.88 L kg⁻¹ (Zhang et al., 2012). Lake Mogan's sediment phosphate sorption activity (0.21-1.92 L mg⁻¹) is higher than the findings of the above study.

Lai and Lam (2008) revealed sediment phosphate adsorption/release and the factors affecting this mechanism in Hong Kong's eutrophic Mai Po Marshes. The study's estimated EPC₀ values were lower than the overlying water's SRP concentrations, and the sediment phosphate release level under aerobic conditions was found to be, on average, 9.4 mg m⁻² day⁻¹. The EPC₀ values in Lake Mogan were similar to the findings

of Lai and Lam (2008) in that they were found to be lower than the overlying water SRP concentrations. When the EPC₀ and the overlying water SRP concentrations were examined in the present study, it was suggested that internal phosphate loading from the sediment has a lower effect on the current nutrient level of the lake than the external phosphate load.

In Cry et al.'s (2009) study of oligomesotrophic Opeongo Lake (Canada), when the highest estimated EPC_0 values in the sediment (5 µgP L⁻¹) and the unmeasurable level of SRP values in the overlying water were considered, it was determined that there was a phosphate reserve in the sediment. In Nansi Lake (China), kinetic and adsorption/desorption isotherms were detected in the sediment and the equilibrium phosphate concentration and phosphate release potential were estimated, and it was determined that $EPC_0 < SRP$ (Li et al., 2012). The fact that the estimated EPC_0 values in Lake Mogan were found to be lower than the SRP concentrations measured in the overlying water shows agreement with the reports of the above researchers.

In a study examining the details of phosphate adsorption at the sediment-water interface in Fushi Reservoir (China), sorption isothermic experiments were defined using the Langmuir and Freundlich models. When comparing the EPC₀ values with the overlying water SRP values, it was emphasized that the higher EPC₀ values facilitated phosphate release from the sediment, and that the sediment played a role as a phosphate source (Wang et al., 2012). Shoja et al. (2017), in their study of Ekbatan Reservoir (Iran), found that the EPC₀ value was much higher than the SRP concentration and that, despite the high adsorption capacity of the sediment, phosphate release from the sediment could occur. The fact that the estimated EPC₀ values in Lake Mogan are lower than the SRP concentrations found in the overlying water, unlike the findings of Wang et al. (2012) and Shoja et al. (2017), points to phosphorus adsorption in the sediment.

According to Fang et al. (2017) the role of particle morphology of clay minerals in P adsorption were studied. They revealed that Sips model can provide a better prediction than the Langmuir model, especially for kaolinite and hematite minerals and performs improvements as compared to the Langmuir model. This better performance could be attributed to the consideration of particle morphology reflected in the heterogeneity coefficient γ and adsorption capacity Q_m . The fact that the correlation coefficients calculated for the Sips model in Lake Mogan were greater than the values found for the Langmuir and Freundlich models shows the heterogenous behavior of the low phosphorus concentrations on the sediment surface in line with the researchers below. This finding supports the case for high adsorption levels in the lake. Moreover, during the research period, the low phosphorus concentration in the overlying water and the phosphorus fractions undergoing irregular changes in the sediment (Topçu and Pulatsu, 2017) concur with the finding that the sediment's phosphorus adsorption mechanism behaves heterogeneously.

Wang and Li (2010) studied the phosphorus adsorption and desorption mechanism in sediment samples obtained from six different sources in America (canal, ocean, coastal, river, marsh and lake). The estimated NAP and EPC₀ values in the canal and lake sediments were found to be higher than in the other sources. The phosphorus adsorption values in the sediment were calculated in order as Coastal>Marsh>Ocean. In the scope of the research it was reported that the desorption potential of the coastal and marsh sediment samples was extremely low. The fact that the phosphorus desorption value in Lake Mogan, one of Turkey's important wetlands, was found to be lower than 1% supports the high phosphorus adsorption value (907 mg kg⁻¹) and the low NAP (4.8-

11.7 mg kg⁻¹) and EPC₀ (5.5×10^{-3} -46.6 $\times 10^{-3}$ mg L⁻¹) values determined for the sediment. Our findings concur with Wang and Li's (2010) report stating that high values for adsorption in the sediment are effective at keeping desorption at low levels.

Tang et al. (2014) reported that the values for the energy released through phosphorus adsorption (Ea) are in inverse proportion to the calculated phosphorus adsorption in the sediment. The fact that the phosphorus adsorption energy (Ea) values reported in Lake Mogan were lower for the samples taken in July than those taken in October supports the finding that phosphate adsorption values were calculated to be at a maximum in July. Prevalence of ΔH with a high magnitude is generally evidence for the high adsorption energy affinity of P to the sediment. The results of the thermodynamics experiments demonstrated that overall, the adsorption process was exothermic ($\Delta H < 0$) with decreasing entropy ($\Delta S < 0$), and spontaneous ($\Delta G < 0$) under the influence of enthalphy (ΔH - $\Delta S < 0$). The high-magnitude values of ΔH signal strong interactions between phosphorus species and the sediment surface via electrostatic attraction. Adsorption activation energy did not have a significant impact on adsorption resistance at the temperatures in this study.

Experimentally obtained isotherms for phosphorus adsorption onto Lake Mogan sediments were well compatible to all three adsorption models considered ($R^2 \ge 0.936$; p < 0.05). Based on Langmuir the Model, the mean of maximum adsorption capacity obtained for July samples was significantly higher than that obtained for October samples (p < 0.05). This was attributed to heat activation of July samples due to the exposure of sunlight. The adsorbed phosphorous was not recoverable by distilled water. The comparison of EPC₀ and SRP values signified that the soluble phosphorous do not release from the sediment into the lake water.

The adsorption kinetics comply with the second order model with a high significance ($R^2 \ge 0.999$). Phosphorous adsorption completed in a few hours after adsorbent-adsorbate contact with a period of 0.6-0.8 h with high initial adsorption rates (169-242 mg kg⁻¹ h⁻¹). The overall adsorption process was surface precipitation with a high mass transfer to the boundary layer after evaluation of the kinetics with reference to Weber-Morris model.

Conclusions

The sediment's equilibrium phosphate concentration value is used in estimating the phosphorus concentration in the overlying water, which may negatively affect the nutrient value of a lake. With this study, it has been scientifically proven through laboratory research that there may be a risk of phosphorus release from the sediment when the overlying water SRP concentration for October of 0.008 mg L⁻¹ falls below the July value of 0.046 mg L⁻¹. Accordingly, considering the overlying water SRP values reported above for Lake Mogan, monitoring them especially in the months of October and July will prove to be decisive in predicting the internal phosphorus load of the lake.

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Conflicts of interest. The authors declare that they have no conflicts of interest.

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